

spa

L A U D I N E L L A



OPENING HOURS

By appointment only

2 pm – 10 pm

SPA

2 pm – 9.30 pm

Cancellation of appointments up to 24 hours before treatment free of charge.

Spa Hotel Laudinella +41 81 836 05 02, spa@laudinella.ch

SIGNATURE MASSAGE COLLECTION

by Yon-Ka



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| AROMA LUXE | 60 min | 135 |
| | 90 min | 195 |

A serene, enveloping full body massage designed to release both physical and emotional tension. Gentle aromatherapy blends melt into the skin, easing the body into deep relaxation while restoring a sense of inner harmony.

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| AROMA RELAX | 60 min | 135 |
| | 90 min | 195 |

A comforting full-body ritual enhanced with warm stones placed along the back. The soothing heat softens muscle stiffness, encourages circulation, and guides the mind into profound tranquility.

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| AROMA SCULPTANT | 60 min | 135 |
| | 90 min | 195 |

A revitalizing full-body treatment using bamboo sculpting techniques. Ideal for guests seeking firmness and improved circulation after active days in the mountains. Leaves the body feeling light, toned, and re-energized.

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| PHYTO – LÉGÈRETÉ | 25 min | 85 |
| | 60 min | 135 |

A drainage ritual designed to refresh tired, heavy legs. Targeted techniques reduce water retention, stimulate circulation, and soothe muscle fatigue. (Optionally enhanced with a cooling wrap for instant lightness) – 60 min.

FACIAL EXPERIENCES

by Yon-Ka



LE GRAND CLASSIC

75 min 150

A personalized facial built on a five-phase cleansing ritual. Detoxifies, rebalances, and restores luminosity for fresh, healthy-looking skin.

TIME RESIST

60 min 150

An age-defying treatment that plumps deeper wrinkles, boosts firmness, and restores youthful volume.

HYDRALESSENCE

60 min 140

A comforting hydrating experience enriched with masks and relaxing massage techniques. Ideal after dry or dehydrated skin, as well sun, wind, or altitude exposure.

CALMESSENCE

60 min 140

A soothing treatment designed to calm redness, reduce irritation, active acne and cocoon delicate skin in soft, nurturing care.

VITAMINE C25

60 min 160

Brightening & Perfecting Treatment

An illuminating facial combining a 30% glycolic acid peel with concentrated vitamin C. Smooths fine lines, evens tone, helps with pigmentation, and reveals a radiant glow.

EXQUISITE SIGNATURE EXPERIENCES

by Yon-Ka



THE BESPOKE RITUAL

120 min 230

A fully personalized escape combining one facial of choice (60min) and one full-body massage (60 min). Crafted to your guest's needs for complete balance and renewal.

CBD SLEEP THERAPY

90 min 170

A deeply calming face and back ritual featuring double CBD massage and 230 energy-point stimulations. Releases tension, quiets the mind, and encourages restful sleep.

MASSAGEN



PARTIAL MASSAGE / HEAD-FACE RELIEF 25 min 70

A concentrated ritual to dissolve tension in the face, scalp, neck, or shoulders. Perfect for quick renewal.

FOOT REFLEXOLOGY MASSAGE 45 min 100

A therapeutic treatment stimulating key reflex zones to rebalance energy, support organ function, and encourage whole-body harmony.

SPORT MASSAGE 45 min 120

Focused techniques targeting muscular knots and post-sport fatigue. Enhances flexibility and supports quick recovery

DEEP TISSUE MASSAGE FULL BODY 60 min 150

A powerful, restorative massage working through deeper layers of muscle. Ideal for persistent tension, limited mobility, or athletic recovery. Encourages long-lasting release and improved alignment.

CANDLE MASSAGE 60 min 120

A warm, aromatic journey using melted candle oils rich in nourishing butters. The gentle heat melts tension and leaves the skin soft, hydrated, and beautifully scented.

CUPPING MASSAGE 60 min 130

Combines suction and massage to stimulate circulation, release toxins, and relieve deep muscle tension.

SIAM HERBAL RITUAL 60 min 150

A traditional Thai-inspired therapy using warm herbal compresses. The poultices soothe inflammation, ease muscle stiffness, and encourage natural detoxification. The body feels lighter, balanced, and energized.

SUGARING



Gentle yet thorough: a natural sugar paste is applied against the direction of hair growth and then removed with the growth.

The result is smooth skin that lasts. Effective pre- and aftercare complete the treatment with hygienic care.

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| UPPER LIP HAIR REMOVAL | 15 min | 20 |
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| UPPER LIP & CHIN HAIR REMOVAL | 30 min | 30 |
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| ARMPIT HAIR REMOVAL | 15 min | 40 |
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| BIKINI LINE HAIR REMOVAL | 15 min | 45 |
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| BRAZILIAN HAIR REMOVAL (INTIMATE) | 30 min | 65 |
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| CHF 15 per additional 15 minutes | | |
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| UNDERARM HAIR REMOVAL | 15 min | 40 |
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| FULL ARM HAIR REMOVAL | 30 min | 50 |
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| FULL FACE HAIR REMOVAL | 50 min | 65 |
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| LEGS UP TO AND INCLUDING KNEES HAIR REMOVAL | 40 min | 65 |
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| CHF 15 per additional 15 minutes | | |
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| FULL LEG HAIR REMOVAL | 90 min | 100 |
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| CHF 15 per additional 15 minutes | | |
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| BACK AND CHEST HAIR REMOVAL | 30 min | 60 |
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| CHF 15 per additional 15 minutes | | |

HANDS & FEET BEAUTY



LUXURY HANDS

60 min 95

A refined manicure paired with exfoliation, nourishing care, and a relaxing hand massage.

LUXURY FEET

60 min 95

A restorative pedicure enhanced with exfoliation and a soothing foot massage for total comfort. Pedicure and foot care with massage.